

NEWSLETTER

Oct 17th, 2024

SCHOOL-WIDE

FALL PARENT-TEACHER CONFERENCE

Our PTC meeting was successfully held on Friday, and the one-to-one feedback meeting of each student allowed parents to better understand their children's learning status and direction, and also allowed teachers to better unite with parents in students' life and study, opening up a new bright road for students!



PARENT WORKSHOP

On November 1st, we had the honor to invite Mel Mccuthan, a student social emotion expert tutor who has worked for LifePlus for 12 years, to give us a parent class on how to enter the heart of teenagers. Her class mainly focused on two aspects: sensing students' emotions and building a sense of cross-cultural identity. In the class, parents have to share the "confusion" of their children's growth, which is answered by our teachers one by one. Parents and friends have gained a lot, and have established a better relationship with their children at the same time, but also more closely cooperate with the school.

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2024 Costume Day

On October 31st, we organized the theme dress Day, students can freely dress as their favorite characters, it can be in movies, it can be in literary classics, and even anyone around us, students are very happy to dress as their favorite characters. And we organized the theme costume party after dinner, the activities in the party were wonderful, the students laughed one after another!





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SAFETY WEEK

November 4-8 is designated as LifePlus Safety Week. Throughout the week, students will explore key safety topics, including safety drills, fire safety, first aid, bus and bike safety, transportation safety, food safety, and internet safety. Students will engage in discussions and/or hands-on activities that deepen their understanding of these topics.

VOLLEYBALL FESTIVAL

We will have a volleyball festival this Saturday, November 2nd. At that time, many schools in Yantai city of Weihai will be invited to participate together. In order to stimulate students' enthusiasm for volleyball and enhance the friendship between students of various schools, we will hold a joint volleyball festival. We look forward to our volleyball players playing their best, practicing hard and achieving satisfactory results!

ATTENDANCE POLICY

Consistent attendance is important for every student. Excessive absences from school hinders academic progress and jeopardizes the acquisition of academic credit. Attendance records will be kept by the school office and become part of a student's permanent record at the end of each semester. If an unplanned absence occurs, parents should notify teachers by 8:00 am.

Elementary students that exceed 10 days of absences, planned or unplanned, within a semester will require a conference with the school administration and an attendance plan to ensure their child's success and promotion to the next grade.

Secondary students that exceed 5 days of absences, planned or unplanned, within a semester will require a conference with the school administration and an attendance plan to ensure their child's success and promotion to the next grade. Exceeding the equivalent of 10 days of absence in any one course may result in no credit awarded for the course.

SICKNESS POLICY

The medical attention of a student is the responsibility of the parent. Students should not be sent to school if they have bad colds, bad cough, fever (above 99°F/37.7°C), nausea, or have vomited in the past 24 hours. Keeping a sick child at home keeps the school a healthier place to learn.

Your child will be sent home from school for any of the following reasons:

- Temperature of 99°F (37.7°C) or above
- Vomiting (throwing up)
- Discolored nasal discharge
- If the student is too ill or uncomfortable to adequately function in a classroom setting
- Frequent diarrhea
- Suspected contagious illness, rash, spots or blisters
- Potential concussion



Yantai International Academy
35 Tianshan Road, Yantai Economic Development Area, Shandong, China 264000
烟台爱华双语学校出国留学部
中国山东省烟台市开发区天山路35号 邮编264000

www.yia-china.com

E: admissions@yia-china.com



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Sick students will be sent home after parents or emergency contacts have been notified. Parents will be asked to pick up their sick child as soon as they can, preferably within an hour after the phone call. Sick students will not be sent home on a regular school bus. All ECC and ES students must be picked up by a parent or guardian. A child will not be sent home without first contacting a parent. MS and HS students may go home in a taxi or other transportation with permission by parent. If parents are not reachable, the emergency contact needs to be notified. If a student is sent home due to illness, they may not return to school the same day.

Students may return to school:

- Nasal discharge or phlegm is clear
- No fever for 24 hours (no medication to reduce fever for 24 hours)
- Has not vomited or had diarrhea for 24 hours
(if sent home with fever, diarrhea, or vomiting the student may not return to school the next day)
- In the case of a contagious disease, return to school will be determined on a case-by-case basis

If a child is recovering from an illness or injury and is required to stay indoors during recess or physical education, a written note from home must be sent with the child to the child's teacher. The school nurse will also receive a copy of this note.

CHINESE LUNCH MENU UPDATES

As shared previously, we are introducing Western dishes to complement the Chinese dishes. Next week's Chinese menu has some updates, which are highlighted at the bottom of this newsletter.

We appreciate your ongoing feedback and will continue working on improvements to better meet your expectations.

Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Korean	Fish Cake Soup ^{*,} Rice Omelet ^{^*} , Pork Cutlet ^{*^} , Seasoned Bean Sprouts ^{*,} Cabbage Salad [^]	Chicken Soup ^{*,} Multigrain Rice ^{*,} Tuna Kimchi Pancake ^{*,} Stir-fried Zucchini ^{*,} Silken Tofu [*]	Miso Soup ^{*,} Spam Tuna Mayo Rice ^{^*} , Stir-fried Broccoli + Mushroom ^{*,} Yakult ^{&}	Kimchi Soup ^{*,} Multigrain Rice ^{*,} Fried Cod ^{*^} , Spicy Stir-fried Pork ^{*,} Quail Egg Salad [^]	Chicken Wrap ^{*^&} , Pork Wrap ^{*^&} , Potato Wedges, Corn Salad [^] , Juice
Chinese/ Western	Multigrain Rice, Braised Pork in Brown Sauce ^{*,} Deep-fried Pork Filet, ^{^*} Fried Noodles with Bean Sprouts ^{*,} Cornmeal Porridge,	Multigrain Rice, Pork with Preserved Vegetable ^{*,} Poached Slices of Pork ^{*,} Stir-fried Tomatoes with Eggs ^{*^} Millet Congee	Multigrain Rice, Braised Ribs with Corn ^{*,} Beef Rice Ball ^{*,} Stir-fried Mushroom with Broccoli ^{*,} Rice Porridge	Multigrain Rice, Braised Quail Eggs with Pork ^{*,} Fried Shrimps with Celery ^{*,} Stir-fried Celery with Tofu Skin ^{*,}	Multigrain Rice, Cantonese Barbecued Pork ^{*,} Stewed Beef Brisket with Tomato ^{*,} Fried Cabbage ^{*,} Seaweed Egg Soup ^{*,^}
Fruit	Seasonal Fruits				



Yantai International Academy
 35 Tianshan Road, Yantai Economic Development Area, Shandong, China 264000
 烟台爱华双语学校出国留学部
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E: admissions@yia-china.com

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Allergies:

*Wheat

#Seafood

&Dairy

^Eggs

@Nuts

*If a salad is served with a specific dressing, the allergens are listed on the menu. However, for the salad with optional dressings, the allergens are not listed.